



Peover Superior
Endowed Primary School



Newsletter 27.6.18

The end of term is rapidly approaching and school is as busy as ever. This week some of the children in Class 3 are enjoying more of the heat wave in North Wales on their residential, whilst we swelter at school. Please ensure your child has their own water bottle, cap and sunscreen whilst the hot weather continues.

Teaching Assistant Vacancy

It is with great regret that Mrs Hamilton will be leaving her position as teaching assistant at the end of this year. She has worked extremely hard with a large group of children from across school delivering a range of interventions. We wish Mrs Hamilton good luck as she begins training for a new career next year.

We are actively recruiting a suitable replacement for Mrs Hamilton and are looking for a teaching assistant to support EYFS and Key Stage 1, delivering a range of bespoke interventions as well as support at After School Club. Please see the Cheshire East website and our school website for further details. The closing date is Friday 6th July.

Chill Zone (After School Club)

From September 2018, revised Chill Zone opening hours will be **Monday to Friday 3.30 – 5.30pm**. A revised pricing structure will be sent out before the end of the year.

We are also considering re-opening breakfast club provision. This will take place in the school hall from 8.00 am – 8.45 am Monday to Friday. Please complete the form at the end of this letter if you are interested in this provision for your child.

Class Dojo

Over the past few years we have enjoyed the rewards and ease of communication through the app Class Dojo. Unfortunately, we will be closing down Class Dojo at the end of next week. In line with Cheshire East Local Authority and The Aspire Educational Trust's policy on data protection we can no longer use this site; personal data such as names and email addresses are kept on a server in the United States. The GDPR policy of the LA and the AET strictly states that data must not be transferred abroad. We are sorry that we won't have access to this facility next year and are already looking for a similar app to replace it which stores data within the EU.

We would like to remind parents that you can still communicate by email with teachers through the admin email – admin@peoversuperior.cheshire.sch.uk



Stocks Lane, Over Peover, Cheshire WA16 8TU
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Paws.b Mindfulness training

This term children from class 3 have been learning about mindfulness once a week as part of a 6 week classroom-based curriculum called **Paws b**, with trainer Lisa CardenDoorey.

Mindfulness involves training our attention to experience the present moment with greater curiosity and kindness. This helps us to not only appreciate what is going well but to respond more skilfully to life's inevitable challenges.

As Professor Katherine Weare observed schools who engage in mindfulness are likely to see *'beneficial results on the **emotional wellbeing, mental health, ability to learn and even the physical health** of their students.'*

During the course they have been learning about many things, including:

- Specific areas of the brain and how these affect our ability to **focus, make good choices, recognise when we need to steady ourselves** when our body or mind is busy or out of balance.
- Ways that mindfulness can support them in many day-to-day activities, including **concentration and memory, behavioural self- management**, and in **relationships with family and friends**.
- Ways to respond rather than react – and therefore make better choices and take best care of ourselves.

Here is an extract from the Mindfulness Blog which will be uploaded to the website this week.

Blog post week 1

In lesson one we learned the brain is an organ in the skull but the mind is a complex mix of focus, attention and awareness. Sometimes our focus can be small like when we are colouring in but other times we can expand our focus and awareness, such as when we play a game of football.

With mindfulness exercises we can train the mind to become more aware of what's going on for us. We can learn to focus our attention in a particular way and notice more about our thoughts, feelings and physical self. We learned how different parts of our brain work together with the prefrontal cortex. The PFC helps us to concentrate and make choices ... this helps us to be our best.

During the first mindfulness exercise we tried to hold our attention on the breath and how the chest and tummy move with each breath. We took some time to think about things we would like mindfulness to help us with. This is what the children said:

Not reacting to my brother when he's being annoying.

Not worrying about things that might not happen.

Calming down when I get angry

Speaking in front of others

Thinking of things on the spot



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Summer Athletics Festival



On Monday 11th June, 22 children from Years 3, 4, 5 and 6 attended the annual Summer Athletics Festival at Holmes Chapel Comprehensive School. The children participated in a variety of track and field events including skipping, sprinting, long-distance running, relay races, long jump, javelin and tug-of-war. Mrs Hamilton looked after the children competing in field events whilst Miss Woodward stayed with the rest of the team near the track. The children tried their best at every event, even though it was an incredibly hot afternoon – the warmest Mr Capewell had known for this annual festival. Some of our team's achievements were:

- Grace – 2nd in Year 3 girls' skipping
- Sam H – 2nd in Year 3 80m boys' sprint
- Emily E – 3rd in Year 4 80m girls' sprint
- Jessica – 2nd in Year 4 200m girls' running
- Grace, Freya, Emily E and Jessica E – 1st in Years 3 and 4 girls' relay
- Ollie – 2nd in Year 6 boys' skipping
- Charlotte – 1st in Year 6 girls' skipping
- Charlie – 3rd in Year 6 boys' 600m running
- Delila – 2nd in Year 6 girls' 600m running

Overall, Peover Superior came 4th out of 7 teams which is an amazing achievement as the second smallest school. Well done to our fantastic team: Charlie, Ollie, Owen, Johan, Charlotte, Delila, Megan, Darcie, Hannah, Emily H, Jayden H, Aiden, Harvey, Milo, Felicity, Emily E, Jessica, Harry, Sam R, Sam H, Grace and Freya. Many thanks to everyone who helped to transport children to and from the venue and came along to support us – we couldn't have done it without you!

The Adventures of Super Stan

We will be sending out costume details early next week in readiness for Class 2 and 3's performance of Super Stan. Please continue to help your child learn their words if they have them.

Yours sincerely

L Hesmondhalgh
Principal



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I would/ would not be interested in a breakfast club provision for my child.

Name of Child: _____

Signature: _____



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Important Dates for diaries

Event	Date
Summer Fair	6 th July 2018 3.30 to 5.30 pm
End Of Year Party And Talent Show	19 th July 2018
School Closes For Summer	20 th July 2018

REQUESTS FOR ABSENCE

From 1st September 2013, the headteacher will not grant *any* leave of absence during term time unless there are exceptional circumstances. It is important for parents to understand that they have no entitlement to take their child out of school for a holiday in term time. Peover Superior uses a specific request form for any absences. We believe this complies with current regulations. This form can be found on the website.

Fixed Penalty Notices

The LA will issue Fixed Penalty Notices related to irregular unauthorised absences and unauthorised. Failure to make payment will result in the LA taking legal action for failure to ensure regular attendance at school under Section 444 (1) Education Act 1996.

Penalties for unauthorised absence		
Timeline	One child	Two children
Paid within 21 days	£60 per parent	£60 per child = £120 per parent
After 21 days and before 28 days	£120 per parent	£120 per child = £240 per parent
After 28 days	The parents will receive a summons to appear before the Magistrates' Court on the grounds the parents have failed to secure their child's regular attendance	The parents will receive a summons to appear before the Magistrates' Court on the grounds the parents have failed to secure their children's regular attendance